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## Effect of the Pull and Diameter String of Badminton Racket Based on Coefficient of Restitution Value

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### Abstracts

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Racket and strings is an important factor in the badminton sport. The aim of this study to analyze the pull and the diameter racket string based on restitution coefficient of shuttlecock. The variation of pull was measured used racket Vinlux Miotex Power 007. Six variation of racket string are (22, 23, 24, 25, 26, and 27) lbs. The diameter of the strings has kept constant of 0.66 mm. The other variable is the diameter variation of the strings are (0.62, 0.64, 0.66, 0.68, and 0.70) mm, respectively and the pull of the strings are kept constant of 24 lbs. Based on the result, the increasing of the pull was decreased the COR value, from 0.541 to 0.374 for 22 lbs to 27 lbs, respectively. Furthermore, the similar trend for the diameter variation with the pull variation, the COR value was decreases with the increasing of the diameter, from 0.529 to 0.447 for (0.62 to 0.70) mm. We can conclude, the increases of the pull and diameter variation was decreased COR value of shuttlecock. ©2016 JNSMR UIN Walisongo. All rights reserved.

**Key words:** String; Racket; Coefisien of restitution.

### 1. Introduction

Badminton is one of the most popular sports in Indonesia. Generally, badminton sport can in Indonesia has become a mainstay for achievement with frequent title. Many world class achievement and the Olympic badminton athletes who achieved so that the name of Indonesia in the international world of sports.

Racket and strings like two sides of a coin that can not be separated. Both are important factors for a game of badminton. Racket superior useless if using strings ugly as easily break off and reflections shuttlecock irregular [1]. Otherwise if you choose a racket carelessly will affect the strength of the strings hold [2]. Racket with greater weight will generate higher ball velocity in the smash than the weight of the racket which is lighter. It was

due to the acceleration of angular and torque racket bigger than racket heavier [4].

Based on research on the effect of pulling the strings to the velocity of the shuttlecock. By using variations of the pull of the strings 22 lbs, 24 lbs, 26 lbs, 28 lbs, 30 lbs is produced that the higher the pull of the strings, the lower the velocity of the shuttlecock [3, 4]. These results confirmed research that influences pull the strings high will produce a velocity bounce lower than the pull of the strings low [3, 5].

Badminton players need to pay attention to elections to determine control racket strings reflection shuttlecock. Shuttlecock reflection related to coefficient of restitution. It greatly affects the game of badminton. The coefficient of restitution ( $e$ ) is the degree of resilience of a collision that can be expressed through a value [14]. The wider the size of the racket head racket can improve performance by generating a higher coefficient of restitution [6].

The diameter varies racket strings and pull the strings of the racket vary depending on the tastes and needs of players. Installation of the frame racket strings using the Yonex machine to obtain a stable traction. Previous research that the higher the pull of the strings, the lower the reflection shuttlecock [3]. High and low pull the strings depends on the strength of the racket frame. If it is pulled too high, it causes the string is broken or warped so broken racket frame.

This study aimed to analyze the pull and the diameter of the racket strings badminton shuttlecock against the coefficient of restitution. Using variable diameter pull the strings and the strings that are the primary focus of this study. It is hoped this research may help in the selection of players badminton racket strings and pull the strings that correspond to the needs of the game of badminton.

## 2. Experiments Procedure

This study uses two variables. The first variation of the difference pull strings with diameters of the same string to measure the

coefficients of restitution shuttlecock. The second variation of the difference in diameter strings with the same string tension to measure the coefficient of restitution. The independent variables in this study and diameter pull strings badminton racquets, dependent variable is shuttlecocks coefficient of restitution.



Figure 1. Racket Yonex machine



Figure 2. Racket string with difference diameter

Tools (see Figure 1) and materials research (see Figure 2) including 6 badminton racket brands Vinlux Miotech Power 007, 6 brand Yonex badminton rackets, 6 racquet strings with a diameter of 0.62 mm; 0.64 mm; 0.66 mm; 0.68 mm; 0.70 mm, shuttlecock, ruler, balance ohaus, camera iPhone 5S, Yonex racket machine.

Preparation is 6 racket Vinlux Miotech Power 007 disenar Yonex racket using the machine with different pull each 22 lbs, 23 lbs, 24 lbs, 25 lbs, 26 lbs, 27 lbs and diameter strings are made the same, namely 0.66 mm. 6 Yonex rackets be assembled using a machine

with a diameter of 0.62 mm each; 0.64 mm; 0.66 mm; 0.68 mm; 0.70 mm and the pull of the strings are made the same, namely 24 lbs.

Implementation research is the first variable using a variation of the pull strings to analyze the influence of the shuttlecock coefficient of restitution. Pull strings each 22 lbs, 23 lbs, 24 lbs, 25 lbs, 26 lbs, 27 lbs and diameter strings are made the same, namely 0.66 mm. Four children with different tasks. Racket held with stable under the crossbar mounted vertically to a height measurement of shuttlecock reflection. Shuttlecock dropped at a height of 150 cm, the shuttlecock fall recorded using a camera to determine of high reflectance shuttlecock. High reflection shuttlecock each repeated three times and averaged the results of high-reflection. Recorded in the table for the observation and analysis coefficient of restitution. To measure the shuttlecock coefficient of restitution used Equation 1.

$$e = \sqrt{\frac{h_2}{h_1}} \quad (1)$$

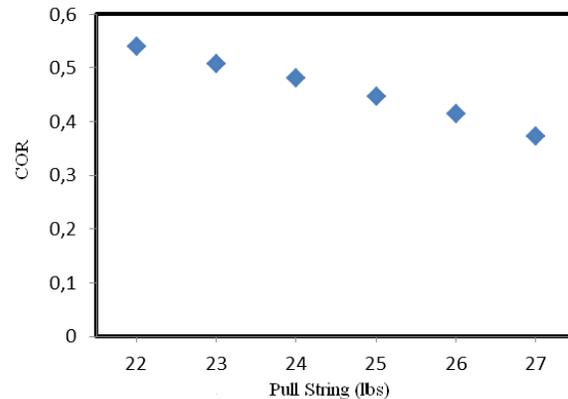
The second variable this research is diameter variation of strings to analyze the influence of the shuttlecock coefficient of restitution. Diameter strings each 0.62 mm; 0.64 mm; 0.66 mm; 0.68 mm; 0.70 mm and the pull of the strings are made the same, namely 24 lbs. Step experiment together with the first variable and its implementation as Figure 3.

### 3. Result and Discussion

Data from the first measurement is a variation of the racket strings pull reflection shuttlecock. Shuttlecock high early before dropped created equal 150 cm. The results of the study indicate variable strings pull on the pull 22 lbs produce COR of 0.541 to pull 27 lbs yield COR of 0.374. Data showed that the higher the pull of the lower racquet strings reflection shuttlecock shuttlecock so the lower the coefficient of restitution. Influence pull the strings of the shuttlecock coefficient of restitution shown in Figure 4.



**Figure 3.** Measuring coefficient of restitution

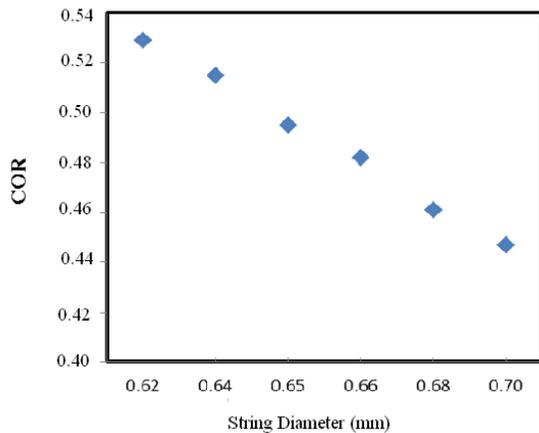


**Figure 4.** Chart pull string about COR

Selection pull the strings affect the coefficient of restitution shuttlecock. That is because the elasticity of the strings. Pull strings also affects the speed of a shuttlecock. Low traction gives greater reflection speed [4]. Change the speed does not depend on the pull of the strings alone, various pull strings may alter the flexibility of the racket, thereby affecting the speed and there are other factors that cause [3,4,7]. Effect of high pull strings

will yield lower bounce rate than the pull of the strings low [8].

Data from a second measurement is the diameter variation of the reflection shuttlecock racket strings. Shuttlecock made the same early height of 150 cm. In the variable diameter strings indicates the diameter of 0.62 mm to produce COR 0.529 to 0.70 mm in diameter to produce COR 0.447. Data showed that the higher diameter racket strings then the lower reflection of shuttlecock so the lower the shuttlecock coefficient of restitution. The influence of the diameter of the strings of the coefficient of restitution shuttlecock can be seen in Figure 5.

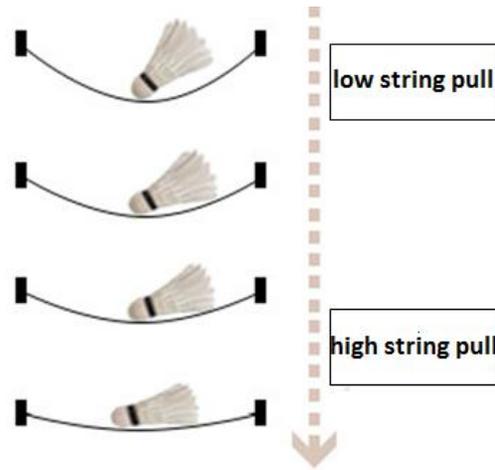


**Figure 5.** Chart diameter string about COR

Each pull of the strings and the strings diameter has advantages and disadvantages. Large diameter strings are more durable but less elasticity. Diameter thin strings have better elasticity but less endurance and will be more easily broken or dropping [3, 13]. The higher the pull strings, control and elasticity of shuttlecock gets better and while the pull of the strings that control the shuttlecock low will be more difficult. When pulling high strings, the strings are relatively hard which means shuttlecock and racket face is in contact for a relatively short time. A short contact time means that the strings have relatively little effect when the shuttlecock hit and shuttlecock control more easily [12].

In Figure 6, simulating the effect of pulling the strings of the strength and control of the

ball depends on the coefficient of friction on the pull string. The number and duration of use strings elasticity affects the string tension and friction coefficient [9].



**Figure 6.** String pull about shuttlecock elastic

The coefficient of restitution is determined shuttlecock and diameter pull the strings. In addition, the determined several factors, including the influence of heavy racket. Racket with greater weight will generate higher ball speed in heavy racket smash than the smaller due to angular acceleration and racket torque larger from racket heavier [2]. These results are corroborated by previous studies that the larger racquet string pull, the smaller the coefficient of restitution of shuttlecock [11]. The wider the size of the racket head racket can improve performance by producing higher COR [6,7]. Location reflection of the ball on the racquet frame also affects the coefficient of restitution [10].

Selection pull strings and diameter considered in need strategy game related factors influence the coefficient of restitution. Comfort when wearing and with the right choice racket strings can then further optimize the game and improve capabilities. Beginners usually still have problems with power punches so it is better to use the pull of the strings is low (22 lbs) as the use of high traction will not provide energy to the punch.

In contrast to the athletes, their hand muscles have been trained in such a way that it no longer be affected by differences in the pull of which resulted in a strong blow or weak [1]. Athletes prepare on a strong pull in order to further improve the accuracy and control of the blow.

#### 4. Conclusion

Study of of the effect of the Pull and diameter of string on the badminton racket has been done. The higher of the string pull causes the lower of coefficient of restitution. Also, the larger of the string diameter will be decreased of coefficient of restitution. Another factor affecting the coefficient of restitution are the racquet frame, heavy racket, and shuttlecock fall position on the racket frame

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